



SACRED PORTALS EXPEDITION
PRESENTS

Australia

WELCOME TO "COUNTRY"

From 14 to 26 of June 2024



WITH MARCIA BELLÖ - EMANA INSTITUTE



A unique journey across Australia, exploring significant **Aboriginal** **Sacred Portals**

Sydney | Darwin | Uluru | Melbourne



We acknowledge the Traditional Custodians of the land on which we meet today and pay our respects to their Elders, both past and present. We extend that respect to Aboriginal and Torres Strait Islander peoples here today.

About our Expedition

Activating Ancestral Wisdom for the New Human Generation

THE CORE OF THE EXPEDITION IS TO REVISIT ONE OF THE MOST CRUCIAL KNOWLEDGE LEGACIES LEFT BY THE ABORIGINES – ONE OF THE OLDEST CIVILIZATIONS WITH OVER 50,000 YEARS OF HISTORY. THIS WISDOM HOLDS KEYS TO THE FUNDAMENTAL ASPECTS OF LIFE AND EXPANDING CONSCIOUSNESS.

THROUGH THIS IMMERSION, WE WILL EMBARK ON A JOURNEY ACROSS THE AUSTRALIAN TRIAD, STARTING FROM THE PORTALS OF SYDNEY (NSW), PROGRESSING TO ABORIGINAL COMMUNITIES AND NATIONAL PARKS IN DARWIN (NORTHERN REGION), CONNECTING WITH THE HEART AT ULURU (AYERS ROCK), AND CONCLUDING IN THE SOUTH, AT THE 12 APOSTLES PORTAL IN MELBOURNE.

OVER 13 DAYS, GUIDED BY MARCIA BELLÖ AND LOCAL ABORIGINES, THE EXPEDITION WILL INVOLVE ACTIVITIES, AN EXCLUSIVE COURSE ABOUT SACRED PORTALS AND "THE NEW HUMAN" SELF-DEVELOPMENT TRAINING ALONG WITH MEDITATIONS AND ACTIVATIONS AT THE PORTALS. IT PROMISES A PROFOUND DIVE INTO UNDERSTANDING AND INTEGRATING THIS MAGNIFICENT CULTURE.

LEARN MORE ABOUT US [HERE](#)

INSTITUTE OF HUMAN DEVELOPMENT



ABOUT THE SACRED PORTAL OF AUSTRALIA

Embark with us on a journey to explore one of the world's oldest cultures: the Aboriginals and the sacred land of Oceania, offering inspiration through its landscapes, history, art, and ancestral wisdom. Join me for a 13-day Expedition across various regions of the country, immersing ourselves in the culture through local activities, road trips, meditative activations, and in-depth studies of Australia's Portals.

Discover how we can continue and preserve this knowledge in our lives, integrating it for future generations. It's an opportunity to connect, learn, and preserve the rich heritage of the Australian land.

The Expedition takes place in different Sacred Portals of the planet where we combine the cultural experience with Emana Institute certifications/training and activation meditations in the sacred sites of the region with Marcia Bellö.

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THE DIDGERIDOO, AN ANCIENT MUSICAL INSTRUMENT, SERVES AS A POWERFUL TOOL WITH PROFOUND HEALING CAPABILITIES. EMITTING ONE OF THE MOST CURATIVE SOUNDS, ITS VIBRATIONS CAN REORGANIZE AND ALIGN ANY ELECTROMAGNETIC FIELD EXPERIENCING "LOW VIBRATION," POTENTIALLY CONTRIBUTING TO THE HEALING OF AILMENTS.

WITH ROOTS IN ANCIENT TRADITIONS, THE DIDGERIDOO'S HARMONICS PRODUCE A BROAD RANGE OF TONES RESONATING IN AN ANCIENT AND UNIVERSAL FREQUENCY. THIS INSTRUMENT TRANSCENDS ITS MUSICAL ROLE, BECOMING A POTENT SOUND THERAPY OR SOUND HEALING TOOL THAT INFLUENCES INDIVIDUALS ON THREE FUNDAMENTAL LEVELS. BEYOND ITS MELODIC CHARM, THE DIDGERIDOO HOLDS THE POTENTIAL TO RESTORE AN INDIVIDUAL'S VIBRATION TO A MORE HARMONIOUS AND NATURAL RHYTHM.



(1) Our journey is anchored in the Triad of Portals, **commencing the process in Sydney (NSW)** with local experiences and significant activations before progressing to the second point of **the triangle - Darwin.**

(2) **Here, we integrate Aboriginal wisdom and explore magnificent National Parks.**

(3) **Arriving at the center of the triangle,** we activate the portal of **Uluru and Kata Tjuta (the feminine and masculine frequency)** within one of the world's oldest domes, **housing an active vortex connected to the Pleiades.**

(4) **Finally,** we conclude with the activation of the **12 Apostles,** situated on one of the planet's Kundalini points, in Melbourne.



From an energetic perspective, Australia is viewed as a Portal interconnected with Mount Logan in Canada, contributing to the balance of the planet's feminine and masculine frequencies through the study of Nodes and Nulls. Additionally, woven into its history is the anchoring of Lemurian wisdom – a civilization that predominantly inhabited the Pacific region thousands of years ago. In numerous portals across the country and within Aboriginal studies, Australia establishes connections with the Pleiadian constellation, holding secret keys to the mysteries of Lemuria.





ABOUT THE JOURNEY

13 DAY EXPEDITION

Certified Training | The New Human and Sacred Portals by Marcia Bellö
Activations and Meditations at the Sacred Portals in Australia
Local Experiences and Tours with aboriginal guides



For over 9 years, Emana Institute has been specializing in and training students worldwide through our Human Development methodology, both in-person and online. Our founder, Marcia Bellö, uniquely incorporates the study of Sacred Portals in our content, documentaries, courses, and expeditions around the globe. Our projects encompass in-person Retreats/Trainings in Mount Shasta (USA), Indonesia, Brazil, Australia, Spain, Portugal, and England since 2015.



ABOUT THE JOURNEY

From 14 to 26 of June 2024

● ARRIVAL IN SYDNEY | Friday, 14 June 2024

- Arrival at Sydney Airport
- Airport Transfer to Hotel
- Hotel for 3 Nights

Private Coach Charter – International Airport to City Hotel
Private transfer from the International Airport to our hotel

Accommodation at “The Grace Hotel”
3 Nights from Friday 14 June to Monday 17 June
3x Full Breakfast

40 min - Welcome Gathering Night - with Marcia Bellö and the group to anchor the purpose of the Expedition.

*A detailed schedule will be sent to students after registration
*Meals on free days and outside the Hotel are not included

● DAY 02 | Saturday, 15 June 2024

- 7am Morning Cacao with Meditation and preparation for the day
- From 9 am - Aboriginal Experience and Welcome to Country Ceremony: let's explore a guided journey 'on country' in Australia, delving into the history of colonization and its impact on the indigenous culture. Engage in a traditional Welcome to Country ceremony, connecting spiritually to the land.
- We are going to embark on a unique journey to explore the ancient culture of the Bundjalung nation, guided by a local Australian Aboriginal host and we are going to explore Sydney's scenic green spaces with rich Aboriginal history and native flora. Our Aboriginal guide will share insights into the world's oldest living culture, providing an opportunity to deepen your connection to the land and embrace the principles of 'caring for country.'
- Morning tea featuring both traditional and contemporary recipes with native ingredients. Concluding the experience with a special memento from our Aboriginal guide.
- Lunch from midday: local indigenous-inspired café in a cool local neighbourhood where indigenous families live today.
- Afternoon & Evening: we are going to visit some of the famous beaches in Sydney and relax – evening free and Gathering night for Meditation.

*Detailed schedule will be sent to students after registration
*Flights are not included
*Breakfasts are included

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ABOUT THE JOURNEY



From 14 to 26 of June 2024

● DAY 03 | Sunday, 16 June 2024

- 7 am Morning Cacao with Meditation and preparation for the day
- From 9am – National Parks and Sacred Portals Activation: we are going to visit one of the oldest National Parks and a unique place to see while in Sydney. Easy Hike (bring shoes) – Aboriginal Heritage walk (2km return).
- Aboriginal Heritage Walk, intertwining Resolute and West Head tracks, unveiling historic rock engravings and art from the Guringai people, the land's traditional owners. We are going to explore the Red Hands Cave, renowned for ancient Aboriginal art, and encounter impressive rock engravings along the trail.
- In the afternoon, venture north to the Gosford Glyphs to activate one of the Sacred Aboriginal Portals on the Central Coast of Sydney (Parallel 33 and Pleiadean Energy).
- Returning to Sydney and concluding the day with a hotel drop-off.
- Evening free.

● DAY 04 | Monday, 17 June 2024

Private Coach Charter - City Hotel to Airport
Depart from Sydney to Darwin (Warrane)
Private Car/Driver - Domestic Airport to City Hotel

Flight is not included – check with the Agency to arrange the best time (Morning)

- Accommodation at “Adina Apartment Hotel Darwin Waterfront”
- 3 Nights from Monday 17 June to Thursday 20 June
- 3x Full Breakfast
- Darwin, situated in Gulumerrdgen - positioned on a peninsula surrounded by the sea, it serves as an ideal hub for exploring natural wonders like Kakadu National Park, Litchfield and Nitmiluk National Parks, Tiwi Islands, and Arnhem Land. Enriched by a diverse history, Darwin boasts a population of over 50 nationalities, including the Larrakia Aboriginal people.
- Afternoon and Evening Free
- 40 min - Gathering Night - with Marcia Bellö and the group to anchor the second Portal of the Expedition

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ABOUT THE JOURNEY

From 14 to 26 of June 2024

● DAY 05 | Tuesday, 18 June 2024

- 7am Morning Cacao with Meditation and preparation for the day
- From 9am - Northern Territory Indigenous Tour
- Includes: Hotel pick up and drop off, lunch.
- 9-hour journey to Litchfield National Park, guided by a knowledgeable Indigenous guide with deep ancestral ties to the region. Let's Immerse our group in the rich history spanning countless generations, witnessing firsthand the demonstration of bush resources in season.
- We are going to explore iconic waterfalls, rejuvenate in their refreshing waters, and witness the vibrant life of tropical stone country during the summer. Benefit from expert natural and cultural insights from guides with unparalleled knowledge.
- The tour concludes with a return to Darwin, where we will be transferred to our accommodation.
- Evening free.

● DAY 06 | Wednesday, 19 June 2024

- 7am Morning Cacao with Meditation and preparation for the day
- From 9am - Full Day Wetland Experience
- Hotel pickup and dropoff, 2.5 hour wetland cruise, Lunch, Fogg Dam Reserve
- An insightful 8-hour tour from Darwin to Fogg Dam Nature Reserve.
- After a morning tea break, proceed to an extraordinary 2.5-hour wetlands cruise, offering close encounters with diverse wildlife.
- The tour concludes with a transfer back to Darwin to our accommodation.
- Evening free and Gathering Night to share insights and to connect with the Portal – with Marcia Bellö

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ABOUT THE JOURNEY



From 14 to 26 of June 2024

DAY 07 | Thursday, 20 June 2024

- Private Coach Charter - City Hotel to Airport
- Depart from Darwin (Warrane) to Alice Springs
- Private Car/Driver - Domestic Airport to City Hotel

- Flight is not included – check with the Agency to arrange the best time (Morning)

- Accommodation at “Desert Gardens Hotel”
- 3 Nights from Thursday 20 June to Sunday 23 June
- 2x Full Breakfast + 1 x Porterage | Garden View Rooms

- Upon landing at Alice Springs Airport, we are going directly to Ayers Rock (The Sacred Portal of Uluru). Lunch is provided during this scenic journey.

- In the afternoon, upon reaching Uluru, transfer to our hotel for a seamless check-in process.

- Evening Experience | Sounds of Silence Dinner
- Includes a 3-course gourmet, drinks, and an engaging Star Talk

- Let's witness the iconic Uluru in front and the domes of Kata Tjuta behind, creating a backdrop for a breathtaking sunset experience. After dinner, we are going to immerse in world-class stargazing with a local star talker guiding us through the Southern night sky. Concluding the evening returning to our accommodation at Ayers Rock Resort.

DAY 08 | Friday, 21 June 2024

- From 4:30am - Kata Tjuta Sunrise
- We are going to activate the Sacred Portal of Kara Tjuta, understating the history behind these ancestral domes with guided meditation and activation at the Portal.
- Breakfast Included

- From afternoon – Uluru Sunset
- One of the most significant monoliths in Australia – we are going to visit rick art sites, Anangu (local Aboriginal people), and experience the Mala Walk around the area. An activation and meditation connected with Uluru Sacred Portal.

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ABOUT THE JOURNEY

From 14 to 26 of June 2024



● DAY 09 | Friday, 22 June 2024

- 7am Morning Meditation and preparation for the day
- From 9 am
- Maruku Arts Tourism - Morning Dot Painting Workshop
- Includes: Aboriginal (Anangu) Artist, Workshop Host, canvas and paints, symbol sheet.
- We are going to join Maruku's local Anangu artists for a fun introduction to the unique desert art form - Dot Painting in a 1.5-hour format. Learning about the symbols and painting styles used to create beautiful works of art depicting the Creation time (Tjukurpa) stories.
- Bringing a touch of something unexpected, and colorful and a connection to the experience while celebrating and combining stories of people and places.
- After Lunch: Private Patji Aboriginal Cultural Tour
- We are going to join the Traditional Uluru Family in their homelands and experience their culture and family history. Hear from the Traditional Owners themselves on how Paddy Uluru fought for Aboriginal land rights to where Uluru is today.
- We make our way south of Uluru to the homelands of the Uluru traditional owners, making various stops along the way to hear and experience how life once was and where it is today.
- We are going to visit the area where the original Uluru Kata Tjuta National Park gates once were, rock water holes, and the ever-changing desert environments.
- An afternoon tea chatting around the fireplace with our Aboriginal guide. Travel on remote bush tracks - take in some spectacular views of Uluru, Kata Tjuta, and the desert landscape. Finishing our afternoon off with sunset on a private sand dune overlooking Uluru and Kata Tjuta.

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ABOUT THE JOURNEY

From 14 to 26 of June 2024

● DAY 10 | Saturday, 23 June 2024

- Private Coach Charter – from Hotel to the Airport
- Depart from Ayers Rock Melbourne
- Private Car/Driver - Domestic Airport to Hotel
- Flight is not included – check with the Agency to arrange the best time (Morning)
- Accommodation at “Vibe Hotel Melbourne”
- 3 Nights from Sunday 23 June to Wed 26 June
- 3x Full Breakfast + 1 x Porterage
- We are going to walk around the city to explore the Art and Museums, and historical buildings and stop at the Botanic Garden to be connected with the learnings of the Expeditions + Meditation, and activation.
- Evening Free.

DAY 11 | Sunday, 24 June 2024

- 8am Morning Meditation and preparation for the day
- Free Day to relax

DAY 12 | Monday, 25 June 2024

- Full Day trip to the Sacred Portal of “Great Ocean Road”- 12 hours
- Special visit to 12 Apostles – Activation at the Portal + Meditation
- Dinner for the last day of the Expedition at Apollo Bay Hotel – included
- Gathering sharing our learnings about the Sacred Portal

DAY 13 | Monday, 25 June 2024

Check out from the Hotel to the Airport

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ABOUT THE JOURNEY

YOU WILL EXPERIENCE...

- Local experiences with Aboriginal guides at one of Australia's primary Sacred Portals
- Deeply immerse in Aboriginal ancestral history and engage with communities, exploring their art, cuisine, and spirituality
- Participate in meditations and activations at the portals with Marcia Bellö throughout the journey
- Obtain Certification in "The New Human" Training and "Sacred Portals" workshop – a self-awareness methodology taught by the Emana Institute
- A unique journey designed exclusively to integrate Aboriginal wisdom at portals in Sydney, Darwin, Ayers Rock, and Melbourne
- Beaches, waterfalls, national parks, hikes, art, and aboriginal painting
- Group meetings to share experiences
- Exclusive dinners during the journey
- Emana Institute Kit

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ABOUT THE JOURNEY



INVESTMENT

● EXPEDITION AUSTRALIA | 13 DAYS 14th to 26th of June

AUD\$ 8800,00 per person | twin share

(check with us for a Single Room - prices may vary for single occupancy rooms)

WHAT IS INCLUDED?

- 3 Nights in Sydney
- Private tours and activities in Sydney + Special Welcome dinner
- Classes and guidance at the Portals - with Marcia Bellö

- 3 Nights in Darwin | Hotel Waterfront
- Private Indigenous Tour and activities + Special dinner
- Classes and guidance at the Portals - with Marcia Bellö

- 3 Nights in Ayers Rock
- Private Tour - Uluru Sunrise
- Private Tour - Ayers Rock Sunset
- Private Tour - Aboriginal Cultural Tour
- Aboriginal Art Workshop
- Classes and guidance at the Portals - with Marcia Bellö

- 3 Nights in Melbourne
- Private Great Ocean Road Tour
- Apollo Bay Hotel - Menu 3 (Three Course) - Special Dinner
- Hotel portorage where available based on a maximum of 1 large suitcase per person (mandatory at most hotels)

- Local experienced guide
- Modern, air-conditioned coach transportation on a private basis unless stated otherwise

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ABOUT THE JOURNEY



INVESTMENT

- **EXPEDITION AUSTRALIA | 13 DAYS**
14th to 26th of June

AUD\$ 8800,00 per person | twin share

(check with us for a Single Room - prices may vary for single occupancy rooms)

COST EXCLUDES

- Australian Domestic flights
- Airport taxes, aviation levies, environmental/conservation fees
- Excess hotel portorage (if passengers have more than 1 suitcase each)
- Airport portorage (unless otherwise specified). Luggage trolleys at Australian domestic terminals are not complimentary and may incur a charge of AUD\$3 to \$4 per luggage trolley
- Gratuities
- Accommodation pre-registration and/or late checkout unless otherwise specified
- Extra Meals and Beverages
- Items of a personal nature (e.g. telephone calls, mini bar, laundry, etc.)
- Travel insurance (cancellations, loss of deposits, delays, etc.)
- Optional tours and services

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ABOUT THE JOURNEY



PAYMENT PLAN

ONLY 15 SPOTS FOR THIS EXPEDITION

● EARLY BIRD | until 6th March 2024

AUD\$ 8.800,00

Payment to secure your spot = AUD\$ 800

(AFTER MARCH 31, THIS REGISTRATION IS NON-REFUNDABLE)

The **second payment** can be made after two weeks

Payment plan | weekly, fortnightly, or monthly

A **link** with the payment details will be sent after your registration.

*Payments **via deposit** may be completed before **1st June**

for payments in Dollars or Euro (US\$, AUD\$, EUR\$)

(1) **Via Stripe** - credit card

(2) **Via Deposit** - Emana Institute Account in Australia

for payments in Real (BR) - R\$

(1) **Via Mercado Pago** - cartão de crédito em até 12x (juros a partir da 3a parcela)

(2) **Via Depósito PIX para Emana** | Entrada de R\$ 2700.00 + 5x de R\$ 5200.00

● After 7th March 2024

AUD\$ 9.200,00

Payment to secure your spot = AUD\$ 1200

The second payment can be made after two weeks

Payment plan | weekly, fortnightly or monthly before 1st June

A link with the payment details will be sent after your registration.

*Payments via Deposit (or PIX) must be completed by June 4, 2024.

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ABOUT THE JOURNEY



STEP BY STEP

to secure your spot - see the directions below

● STEP 01

To confirm your participation in our Expedition, please send an email to aloha@emanainstitute.com or **Whatsapp Emana** [here](#) with the following information:

- Full name
- Date of birth
- Country/City
- Phone number
- **Chosen payment method/plan**

STEP 02

We will send you:

- **The registration link (to secure your spot in the expedition)**
- **The links containing the payment details you selected**
- **Emana Institute - Australia 2024 Expedition Contract**

STEP 03

- **After your registration and the return of the email with the signed contract**, we will send you the link to the **Expedition's WhatsApp group**, where we will share travel updates.
- **If you wish to purchase tickets directly through our partner travel agency**, we will provide you with all the details.
- **If you prefer to use miles/vouchers to purchase tickets** (international or domestic), we will suggest the best timings for the group.

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ABOUT THE JOURNEY



FAQ - Frequently Asked Questions

Read Carefully

● Can I choose not to participate in certain parts of the Expedition?

The Expedition fee remains unchanged regardless of whether you choose to participate in all segments of the itinerary. It's important to note that there is an interconnected structure throughout the itinerary, involving the confirmation of hotels, guides, training/classes, and other essential elements of the Expedition.

● Do I need prior knowledge about portals or the subject studied during the Expedition?

No. Come with an open heart, as our entire itinerary is designed to inspire and bring the wisdom of Aboriginal culture into your life in a profound and memorable way.

● How will the activities in national parks and nature be? Do I need physical preparation?

No. The entire itinerary has been designed for the group to experience the locations without extreme activities. If you choose to incorporate some walks into your routine leading up to the trip, it will be a plus for your connection.

● Refund and Cancellation Policy

The registration fee of (AUD\$ 800-1200) can be refunded in full until March 31, 2024. After this date, there will be no refund.

Requests for a 100% refund for the remaining amount (AUD\$ 8000.00) will be processed within 30 days of payment. Registrations made after May 1st are eligible for a refund with an advance request until May 19, 2024.

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ABOUT YOUR HOST

MARCIA BELLÖ



Your host on this journey will be:

MARCIA BELLÖ

Founder | Emana Institute

Educator, Traveler, and Expert in

Human Development Projects

Researcher and Scholar of Sacred Portals
around the world.

Marcia is an expert in the studies of the planet's Sacred Portals, having traveled for over 10 years to various countries and specializing in the wisdom of ancestral cultures. She also develops projects within the personal growth and well-being sector.

In 2015, she founded the Emana Institute, where she developed a robust methodology for New Era Education, catalyzing transformations for thousands of people around the world, both in-person (throughout Australia, Brazil, USA, UK, Spain, and Portugal) and online.

Graduating in Textile Production Engineering in 2013, Marcia underwent various personal transformations, propelling her journey of self-discovery.

She transitioned from her field of expertise, pursuing her dream of traveling the world and specializing in Human Development tools. Collaborating with renowned figures like Lee Carroll, Diana Cooper, Brian Weiss, and Angaangaq Angakkorsuaq (Ice Wisdom Project), she integrated fundamental principles of Coaching, Meditation, and Healing Therapy into impactful projects.

Her passion for exploring the world of self-knowledge has taken her to over 30 countries. Immersed in diverse locations and cultures, she has learned and certified with various teachers and experts, gaining knowledge in healing therapies, human development techniques, and meditation. Marcia offers training, courses, workshops, lectures, expeditions, and projects related to the sector.

Learn more [here](#).

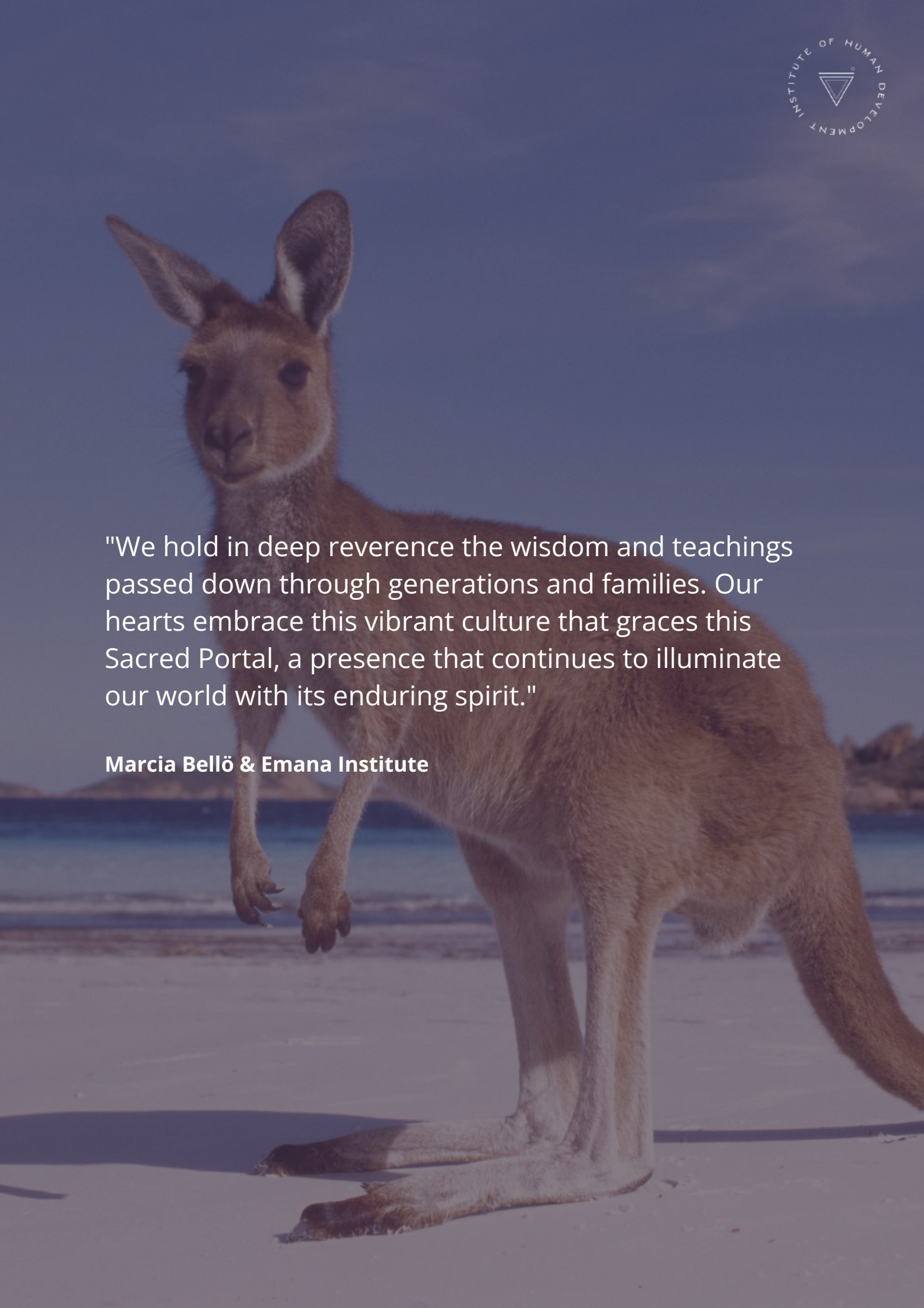


I WANT TO BE PART OF THE EXPEDITION

[CLICK HERE TO BOOK WITH US](#)

EMAIL | ALOHA@EMANAINSTITUTE.COM
EMANAINSTITUTE.COM/EXPEDITIONS





"We hold in deep reverence the wisdom and teachings passed down through generations and families. Our hearts embrace this vibrant culture that graces this Sacred Portal, a presence that continues to illuminate our world with its enduring spirit."

Marcia Bellö & Emana Institute

